Questions Dr. Bonnie Buckner Would Love to Answer

Dr. Buckner will be happy to answer your listeners' questions about the hidden meanings in their dreams. Some suggested questions are:

1. Where do dreams come from?
2. What if I don't remember my dreams?
3. What is a recurring nightmare and is there anything I can do about them?
4. What do you mean that we are always dreaming?
5. Can my dreams really tell me what decisions to make in life?
6. You say dreams led you through your life (to Oprah, the White House)… what do you mean by that, and how can my dreams lead me?
7. Why do you say dream dictionaries are not an accurate way to interpret your dream?
8. I have several different dreams throughout the night, are they connected?
9. My grandma, who passed away when I was 10 years old, is often in my dreams. Is she telling me something?
10. What does it mean if I dream I am having sex with someone?
11. I only have nightmares so I don't want to remember my dreams. Or, I only have nightmares – is something wrong with me?
12. What does it mean if I become lucid in my dreams?