## Bonnie Buckner, PhD, Author Bio

## **Short Version:**

Bonnie Buckner, PhD, teaches business and creative professionals worldwide how to unlock their imaginations and unfold into their greatest versions of themselves. Using an ancient Kabbalistic lineage of dreaming and imagery techniques she has helped CEOs, politicians, small business owners, award-winning writers and filmmakers, working musicians and social entrepreneurs to overcome challenges and blocks to accomplish what they otherwise thought was impossible. Her book, *Dream Your Self into Being*, infuses the stories of her own dreaming journey – which led her from her childhood in remote West Texas to Oprah to the White House to her dreaming teacher – with a practical guidebook for understanding and using your dreams as a powerful tool for waking up to your life. A passionate believer that the business and creative process can be a path of powerful transformation, Dr. Buckner enthusiastically endeavors to awaken the creative dynamism in individuals and reignite the potential of today's workplaces.

For information on workshops, events and classes, or to contact the author, please visit: <u>www.bonniebuckner.com</u>