

Bonnie Buckner, PhD, Author Bio

Long Version:

Bonnie Buckner, PhD, is a specialist in dreaming and imagery. Her international client list includes CEO's, politicians, social entrepreneurs, inventors, professional artists and musicians, and award-winning writers and film producers. Dr. Buckner teaches business and creative professionals worldwide to decipher their dreams and unlock their inner power to unfold into their greatest versions of themselves. Her clients have tripled their income in three months, closed negotiations that have been stalled for weeks, conquered their fear of performing, recognized their true paths and accomplished what they otherwise believed impossible.

An engaging national speaker and popular university lecturer, Dr. Buckner teaches a long-hidden system of dream work that dates back to 13th century Kabbalist mystics. Buckner has written *Dream Your Self into Being* to provide readers with the tools they need to understand the messages of their dreams in order to realize their deepest passions. Detailing her own unusual experiences with dreaming, Buckner infuses her practical guidebook with a personal, down-to-earth voice.

Dr. Buckner's background spans politics, media, marketing, community organizing, and urban renewal. She has worked as a freelance writer and a film and television producer. She's an academic and an entrepreneur. As she describes it, "I dreamed it all," meaning that from an early age, Buckner followed the messages of her dreams, which led her from Hollywood to the White House to founding two successful businesses, to guiding her to her dreaming teacher and mentor.

"Dreaming is about waking up to our potential," Buckner affirms, "it's the most practical thing we can do." Buckner has dedicated her life to bringing the power of this ancient art to modern audiences, which led her to writing her book and planning for the widespread dissemination of the techniques via her workshops, classes and social media platform.

Holding a PhD in psychology with an emphasis in media, Buckner is well suited to reach and inspire a national audience. "Everyone dreams," she says, "but few people know how to understand their dreams and act on the guidance they are offering. The potential waiting to be unleashed is enormous."

A passionate believer that learning to understand and follow the message of our dreams leads to selfhood, fulfillment and success, Buckner's enthusiasm is an inspiration to all to begin to pay attention to what our dreams are trying to tell us at night and live their wisdom in our daytime.

For information on workshops, events and classes, or to contact the author, please visit:

www.bonniebuckner.com